



SAWTELL SWIMMING CLUB

21st Annual "EXPLOSION" Short Course Carnival

Saturday 31 October 2009

Warm Up: 8:30am

Start 9:00am

B	G	EVENTS	B	G	EVENTS
1	2	Open 200m Ind Medley	49	50	7 years 25m Butterfly
3	4	6 years & under 25m Free	51	52	Open 100m Backstroke
5	6	7 years 25m Freestyle			LUNCH BREAK
7	8	8 years 50m Freestyle	53	54	8 years 50m Butterfly
9	10	Open 100m Breaststroke	55	56	9 years 50m Butterfly
11	12	9 years 50m Freestyle	57	58	Open 200m Time Trial (excl IM)
13	14	10 years 50m Freestyle	59	60	10 years 50m Butterfly
15	16	11 years 50m Freestyle	61	62	11 years 50m Butterfly
17	18	12 years 50m Freestyle	63	64	12 years 50m Butterfly
19	20	13 years 50m Freestyle	65	66	13 years 50m Butterfly
21	22	14 years 50m Freestyle	67	68	14 years 50m Butterfly
23	24	15 years & over 50m Free	69	70	15 years & over 50m Butterfly
25	26	6 years & under 25m Back	71	72	6 years & under 25m Breaststroke
27	28	7 years 25m Backstroke	73	74	7 years 25m Breaststroke
29	30	8 years 50m Backstroke	75	76	8 years 50m Breaststroke
31	32	Open 100m Butterfly	77	78	Open 100m Freestyle
33	34	9 years 50m Backstroke	79	80	9 years 50m Breaststroke
35	36	10 years 50m Backstroke	81	82	10 years 50m Breaststroke
37	38	11 years 50m Backstroke	83	84	11 years 50m Breaststroke
39	40	12 years 50m Backstroke	85	86	12 years 50m Breaststroke
41	42	13 years 50m Backstroke	87	88	13 years 50m Breaststroke
43	44	14 years 50m Backstroke	89	90	14 years 50m Breaststroke
45	46	15 years & over 50m Back	91	92	15 years & over 50m Breaststroke
47	48	6 years & under 25m Fly			

Conditions of Entry

- Conducted under SNSW rules. One start rule will apply. Over the top starts may be used
- Electronic timing, area approved meet. All events are timed finals
- Entries must be on SNSW multi entry cards with summary sheets
- Ribbons are awarded to the first four place getters in the age events
- Age as at 31 October 2009
- The meet director reserves the right to amend the program.
- Normal pool entry will apply
- Entry Fee: **\$3.50 per event**
- Programs: **\$3.00 each**
- Cheques payable to Sawtell Amateur Swimming Club
- No late entries.
- Visiting clubs will be required to supply time keepers

Entries Close:
23 October 2009

Entries to:
L. Dewbery
PO Box 2744
Port Macquarie 2444

Inquiries to Cheryl: 0411 076292
E: sawtellswimclub@yahoo.com.au

Pool kiosk &
BBQ operating
on the day