



SWIMMING CLASSIFICATION DAY

The APC is conducting a classification day for athletes with a physical disability in NSW wishing to be classified for Swimming.

Following the classification day athletes will have a National Classification enabling them to compete up to and including National Championships. Generally athletes who attend this day will compete in multi class events at school carnivals or club events.

Who can attend?

Anyone with a physical disability wishing to compete in swimming events against other athletes with a disability.

Date: Saturday 13th March 2010, **Bookings are essential.**
Times are available between 9am – 4pm.

Location: **Ballina Fair Swim & Gym**
Ballina Fair (Shop 48)
Cnr Fox & Kerr Streets
Ballina

Sport: Swimming

Cost: There is no cost involved.

What do I need to wear?

Swimming

You need to wear comfortable clothes, preferably close fitting shorts and singlet. You will also need to bring your swimmers and a towel.

What do I need to bring?

If you have cerebral palsy or any other disorder relating to the brain, you need to bring a letter or report from your treating neurologist stating your diagnosis, and what the physical signs are (spasticity, ataxia, abnormal reflexes, paralysis).

If you have any other physical disability you should bring a letter from your treating doctor stating what the disability is.

Registration:

Athletes seeking classification must pre book their classification time. Classification takes approximately 60 minutes.

Classification sessions are limited, book early to avoid disappointment.

For further information, or to book a time, please contact:

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