



SWIMMING MID NORTH COAST INCORPORATED

BY-LAWS (Amended 2004)
(Amended 2005)
(Amended 2006)
(Amended 2007)
(Amended 2008)
(Amended 2009)

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AFFILIATIONS AND REGISTRATIONS

1.1 Clubs are to pay an Annual Area Affiliation fee as set at the Annual General meeting. (See 28.1)

1.2 Each Club member is to pay an Annual Registration fee as set at the annual General Meeting. (See 28.2) Club and Area Life Members are Exempt from this fee.

1.3 Registration sheets and monies to be sent to the REGISTRAR so they can be checked for financial status for both clubs and officials.

1.4 Clubs are to be financial before the first Meet otherwise individual swimmers from un-financial clubs will not be allowed to compete.

1.5 The registration and affiliation fee is to commence 1st October and finish 30th. September the following year.

AGE GROUPS

2.1 Age is that as at the first day of the Meet.

2.2 In case of alteration to carnival dates, ages must be used as the age on original advertised date of carnival.

AWARDS.

All awards refer to both men's and ladies divisions.

3.1 1st, 2nd, and 3rd. placegetters in each age group, in each individual event, receive a ribbon on the day of competition.

3.2 The Age Champion of each stroke and distance is to receive a medal on the completion of each series of the event.

The Open Champion of each stroke and distance is to receive a trophy on the completion of each series of the event.

The Age Champion of each stroke and distance to be the fastest time recorded throughout the duration of the Championships.

The Open Champion of each stroke and distance to be the fastest time recorded throughout the duration of the Championships.

The Overall Champion will be determined on an Open Point score basis with the first eight placings in each individual event receiving points as per table 5.20.

3.3 Relays. 1st, placings to receive a medal and 2nd and 3rd. placings to receive ribbons.

CHAMPIONSHIP EVENTS SCHEDULE

4.1 During each season Championship events in accordance with the following schedule will be conducted.

BOYS and GIRLS

FREESTYLE				FREESTYLE Qualifying times apply			BACK BREAST & FLY		
	50m.	100m.	200m.	400m	800m.	1500m	50m	100m.	200m.
8yrs/u	X	X					X	X	
9yrs	X	X					X	X	
10yrs	X	X	X				X	X	X
11yrs	X	X	X				X	X	X
12yrs	X	X	X				X	X	X
13yrs	X	X	X				X	X	X
14yrs	X	X	X				X	X	X
15yrs	X	X	X				X	X	X
16yrs/o	X	X	X				X	X	X
Open				X	X	X			

MEDLEY			FREESTYLE RELAY		
	200m. Qual. Time applies	400m. Qual. Time applies		4x50m.	4x100m.
8yrs/u	X		9yrs/u	X	
9ys	X		10yrs/u	X	
10yrs	X		11yrs/u	X	
11yrs	X		12yrs/u	X	
12yrs	X		13yrs/u	X	
13yrs	X		14yrs/u	X	
14yrs	X		15yrs/u	X	
15yrs	X		16yrs/u	X	
16yrs/o	X		OPEN	X	X
Open		X			

OPEN REX CLARKE MEDLEY RELAY (2 BOYS AND 2 GIRLS) 4 X 50m.

4.2 Individual events to be run as a combined age event and at the conclusion of each event, the placegetters in each age group will be determined.

4.3 If necessary time trial events may be conducted following Championship events.

(a) Club's wishing to have swimmers competing in these events are to make arrangements with the Referee and Race Secretary prior to the completion of the meet.

(b) Entry cards to be filled in and entry fees to be paid as normal

(c) Clubs with swimmers competing in Time Trial events are to provide their own timekeepers

CHAMPIONSHIPS

5.1 Championships to be conducted on a timed final basis.

5.2 There be 4 one day block meets with 10 am start.

5.3 If there are no suitable dates before March 1st all blocks are to be conducted before Christmas.

5.4 Block 3 is to be held at least seven (7) days prior to Christmas.

5.5 Events to be run as listed on the block and the rotation to be the same each year.

5.6 Events to be pre-seeded and swum according to the program, with the exception of 200m. and above to be at the referee's discretion.

5.7 No additional entries for the purpose of time trials be accepted in Championship events.

5.8 Clubs be allowed to nominate ONE team in Championship relay events, with no qualifying standards to be met.

5.9 Meet entries must show the best current time and entries not be accepted where time submitted does not meet the qualifying times as set for 400m, 800m. and 1500m.F/S and 400m. IM.

5.10 Entry times for events are to be those recorded on the MNC computer commencing from the first block carnival 12 months previously, unless times submitted and verified are faster.

5.11 Relays to be conducted at the conclusion of individual events.

5.12 Swimmers failing to reach a qualifying time, where applicable, will be liable for a fine imposed for non-qualifiers, as specified by penalties.

5.13 Non qualifiers as per **5.12** will not receive awards or points.

5.14 All clubs attending Area Championship meets are to supply 4 officials for each carnival.

5.15 Program of events calling for entries to be in the hands of Clubs 14 days before the closing date of the carnival.

5.16 Host Clubs to forward programmes for championships to :- all competing CLUBS, REFEREE, REGISTRAR and PUBLICITY OFFICER by the Monday before the Meet.

5.17 *Host clubs to be responsible for the general organization of the Meet*

5.18 Host Clubs are to return a list of KEY OFFICIALS to the ALEC Committee at least 10 days before the Meet date.

5.19 After each Meet the Registrar supply all Clubs with a list of swimmers and also their Clubs who do not meet qualifying times and it be recorded at the Annual Meeting.

5.20 Club Points be allocated for the first eight placing's according to the following table:- 1st -15, 2nd-10, 3rd 7, 4th-5, 5th-4, 6th-3, 7th-2, 8th-1.

Tied position to receive equal points.

Points only awarded to competitors age in multi age events, ie 8rs/u,9yrs, 10yrs, 11yrs, 12yrs,13yrs, 14yrs, 15yrs, 16yrs/O, and first 8 placings in Open Events.

Relays to receive points as per the above table.

5.21 Club Handicap Point score Trophy to be decided on the following formula The Club being last in the previous competition to commence on zero points. The remaining Clubs commence on minus points totalling their points received in the previous competition.

5.22 Visitors from Club's outside the Area boundaries be permitted to compete in MNCASA Championship Meets and 1st, 2nd and 3rd placegetters to receive visitors ribbons.

5.23 A lunch break is to be at the discretion of the Referee.

CLUB COLOURS

6.1

AKUBRA KEMPSEY	MAROON & WHITE
BELLINGEN	BLACK, WHITE & GREEN
COFFS HARBOUR	ELECTRIC BLUE, BLACK & WHITE
COFFS AQUATIC	BLUE & WHITE
CRESCENT HEAD	NIL
CUNDLETOWN	GREEN & BLACK
DORRIGO	GREEN, GOLD & WHITE
FORSTER	NAVY BLUE, JADE & WHITE
GLOUCESTER	NAVY BLUE & WHITE
LAURIETON	BLACK, WHITE & RED
MACKSVILLE	DARK, LIGHT BLUE & WHITE
NAMBUCCA	BLUE, YELLOW & ORANGE
PORT MACQUARIE	ROYAL BLUE & GOLD
SAWTELL	BLACK & WHITE
SWIM ACADEMY	JADE & GOLD
TAREE	BLACK & GOLD
WAUCHOPE	RED, WHITE & BLUE
WINGHAM	TEAL BLUE, BLACK & WHITE
WOOLGOOLGA	BLUE
SWIMMING MID NORTH COAST Inc.	BLACK & GOLD

CLUB OFFICE BEARERS

7.1 The names of Club Office Bearers to be circulated through the Area each season.

DEVELOPMENT SQUAD

8.1 The 1985 NSW ASA guidelines are as a matter of interpretation of the above SWIMMING MNC Inc. requires:-

- a. Clubs compete individually at any winter meet, and
- b. Dry land and/or swimming is sufficient to comply with this requirement, and
- c. There be a minimum of one meeting at a venue to be decided by the appointed co-ordinator, and
- d. There be no limit as to age or numbers.

AREA TROPHIES

9.1 A trophy be purchased by Swimming MNC. Inc. and be presented to the Club with the winning point score at the last block Meet in every year.

9.2 A Handicap trophy purchased by Swimming MNC Inc. be presented to the winning Club on a Handicap basis.

9.3 Suitably inscribed trophy for a boy and a girl be awarded each year for highest Overall Point Score. (Trophies donated by Andrew Stoner MP)

9.4 Area Executive to arrange suitable trophy to be presented to highest point score winner at the Country Championships. Trophy to be brought up to date.

ELECTRONIC TIMING

10.1 Hiring fee for the Area semi-automatic timing system to be \$200.

10.2 Electronic timing to be used at all Swimming MNC Inc. Championship Meets when available.

10.3 The Area to pay for the hiring and transport charges and the host Club to arrange and pay for any necessary accommodation costs.

ENTRIES

11.1 Entry forms to be in accordance with SNSW standard. That is on SMNC Inc. cards and summary sheet to accompany entries. Where electronic timing is used, multiple entry cards may be used for Championship events

11.2 Entry Fees are payable as set at the Annual General Meeting. (See 28.3)

11.3 All entry fees for Area Championship Meets be retained by the Area and an amount as set by an Annual General Meeting from each Championship entry be forwarded to the host Club. (See 28.4)

FINANCIAL RECEIPTS AND EXPENSES

12.1 Interim receipts are to be issued to Clubs for cash fines and entry fees or any other money paid by a Club to the Association.

12.2 Reasonable travelling and accommodation expenses incurred by representation of the Association be re-imbursed.

12.3 All monies be deposited and received by the Treasurer.

HONORARIUMS

13.1 Honorariums to be a nominated fee (See 28.9) - plus expenses.

MARSHALLING SWIMMERS

14.1 Where electronic timing is not used, entry cards are to be given back to the Clubs on the day of the Meet. The Club is responsible to give the cards back to the swimmer who will hand the cards to the Marshall when the event is called.

14.2 Once swimmers have reported to the Marshall they must remain in the marshalling area until directed to their starting positions by the Check Starter.

14.3 Coaches or parents are not permitted in the marshalling area.

MEDALS and RIBBONS

15.1 Medals and ribbons to be purchased for the season ahead at the end of the previous season.

MEETINGS

16.1 Meetings at swim Meets are not to be held, however if necessary a meeting may be called by the Executive.

MONIES

17.1 Speedo Sprint Series income and expenditure to be shown separately on the balance sheet.

17.2 All money including the Winter Development grant is to be handled through the Treasurer.

17.3 The Executive to invest surplus funds to the benefit of the Area Association.

NON CHAMPIONSHIP MEETS.

18.1 Clubs holding Non championship Meets to organise all officials prior to the day.

18.2 Clubs conducting Non championship Meets are to supply a copy of results to all participating clubs.

18.3 Clubs wishing to host QUALIFYING MEETS are to apply for them, as such, at the Annual General Meeting each year.

18.4 Where NSW Qualified Officials are required to be allocated and to travel to a Qualifying Meet, the hosting club is to pay expenses as set out in item **28.8** to each of them

18.5 Where Clubs are able to arrange their own NSW Qualified Officials, they may make application throughout the season for approval of a Qualifying Meet by writing to the Area Secretary and advising him/her the date and venue of the meet and the name of the referee and starter whom they have arranged to work the meet.

PENALTIES

19.1 Capitation's and outstanding fines to be paid before the Club is allowed to compete in Meet.

19.2 If there are qualifying times at Championships a fine as set will be paid *by all swimmers that don't reach qualifying times, unless the swimmers qualifying time is in the NSW Register or Swimming Mid North Coast Inc. Register. (See 28.5)*

19.3 Failure to swim after reporting will incur a fine as set. (See 28.5)

PROGRAMMES

20.1 Events to be pre-seeded into heats from the slowest time to the fastest time.

20.2 Programmes to include name and ages of swimmers.

20.3 Starting instructions, and qualifying time regulations to be printed in all Area Championship Meet programmes.

20.4 Standard price for programme to be as set from time to time. (See 28.6)

QUALIFYING TIMES.

21.1 Qualifying times to apply for swimmers competing in 400m, 800m. and 1500m. freestyle events, and in 200m. and 400m. Individual Medley.

21.2 Qualifying times be set at the beginning of the season and remain such for the duration of the season.

21.3 Qualifying times to be circulated with Championship blocks.

21.4 Qualifying times for the 400m Freestyle events shall be the Regional Meet Qualifying time plus 5%.

21.5 Qualifying times for the 800m. and 1500m.Freestyle events and 200m. Individual Medley events to be set by ALEC and Executive.

21.6 Qualifying times for the 400m. Individual Medley be the Country Championship Qualifying time plus 1 minute plus 5%.

RECORDS

22.1 System used by Swimming NSW for recognition of Records to be used by Swimming MNC Inc.

22.2 Records to remain as current records but can only be set by swimmers in their own age group.

REFEREES

23.1 The ALEC Convenor is to allocate Referees for SMNC Championship Meets.

23.2 Priority is to be given to the appointment of Referees and two (2) Assistants at the expense of other officials at each SMNC Championship Meet and Speedo Sprint Series heats.

REPRESENTATIVE SWIMMERS

24.1 Any SMNC. swimmer selected and competing in Country or Representative teams be reimbursed an amount as set from time to time. (See 28.7)

RESULTS

25.1 Clubs to produce results of SMNC. Championship meets with placings and times shown in relative order as adopted by NSWASA. Championships.

SELECTIONS

26.1 The Selection Committee will appoint a Convenor and the Convenor is responsible for collation of information and distribution relating to selection requirement.

26.2 Definite closing date for relays be determined with a set criteria for Selection Committee to allow selection of participants.

WITHDRAWALS

27.1 Competitors who fail to report to the Marshall by the specified time shall be deemed a withdrawal.

FEES ,CHARGES AND HONORARIUMS.

28.1	Club Affiliation - Annual	(1.1)	\$20
28.2	Member Registration- Annual	(1.2)	\$3 (Club and Area Life Members, Learn to swim members exempt.)
28.3	Entry Fees - Individual	(11.2)	\$2.50
	Relays- per team	(11.2)	\$4
28.4	Forwarded to Host Club	(11.3)	75c. per Championship event.
28.5	Penalties.-Non Qualifying	(19.2)	\$5
	Failure to swim	(19.3)	\$5
28.6	Programmes	(20.4)	\$3
28.7	Representative Swimmers	(24.1)	\$100
28.8	NSW Qualified Officials	(18.4)	\$75
28.9	Honorariums.	(13.1)	
	President		\$200
	Secretary		\$200
	Race Secretary		\$200
	Treasurer		\$200
	Registrar		\$200
	Publicity Officer		\$100
	ALEC Convenor		\$200
	Auditor		As per invoice